



Resort

GUIDE Welcome to
Sonora Resort



**RELAIS &
CHATEAUX**

WELCOME TO

Sonora Resort

At Sonora Resort, we share the story of our land and seas through culinary experiences and bespoke adventures that reconnect us to nature and to each other.

From world-class salmon fishing and wildlife viewing to guided eco-tours and helicopter excursions, each experience invites you into the extraordinary beauty of this ancient rainforest archipelago, home to eagles, whales, bears, and more. During your stay, I encourage you to spend time on the water at least once, to witness the powerful tidal currents and remarkable marine life that make this place so unique.

Savour a distinctly Canadian culinary journey, where our chefs showcase the finest West Coast ingredients, thoughtfully paired with selections from our award-winning wine cellar. For moments of rest and renewal, Island Currents Spa offers a serene escape designed to restore both body and spirit.

Whether enjoying our amenities or relaxing into the comfort of your accommodations, every detail at Sonora is carefully considered to create a sense of ease, refinement, and connection to place.

This guide is designed to familiarize you with the services and experiences available throughout your stay. Our team is always here to assist, ensuring your time with us is both seamless and memorable.

Together, we acknowledge the K'òmoks, We Wai Kai, Wei Wai Kum, Homalco, and Kwiakah First Nations, on whose traditional and unceded territories we are privileged to live, work, play, and welcome guests.

Warmly.

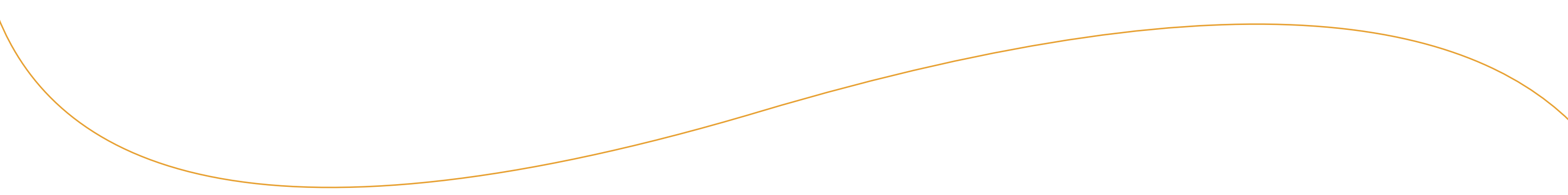
Kaitlin Ross

PRESIDENT

TABLE OF

Contents

HOURS OF OPERATION	4
TELEPHONE DIRECTORY	5
TV CHANNEL GUIDE	5
IN-ROOM AMENITIES	6
LAUNDRY SERVICES	6
iHOME GUIDE	7
SONORA RESORT CUISINE	8
Meet the Chef.....	8
TYEE DINING ROOM	9
Tyee Lounge	9
Wine Cellar.....	9
ACTIVITIES	10
Cancellation Policy	10
Activity Meeting Location	10
ISLAND CURRENTS SPA	11
Booking.....	11
GROUPS & EVENTS	12
Av & Technical Support.....	13
Staying Connected.....	13
FIRE SAFETY	14
FIRST AID	15
WATER SAFETY	15
SECURITY	15
ADDITIONAL INFORMATION	16



Hours

OF OPERATION

TYEE DINING ROOM	
Breakfast	6:00 am - 10:30 am
Lunch	11:30 am - 2:00 pm
Bar Menu	2:30 pm - 5:00 pm
Dinner	5:30 pm - 9:00 pm

ISLAND CURRENTS SPA	
Treatments	8:00 am – 9:00 pm
Fitness Facility	5:30 am – 9:00 pm
Mineral Pools	5:30 am – 9:00 pm
Prior to 8:00 am, access to the fitness facility and mineral pools is available at your pleasure but is unsupervised.	

TYEE LOUNGE & GAMES ROOM
Tyee Lounge - 6:00 am – 12:00 am
The elegant lounge invites guests to unwind with exquisite cocktails and mocktails. The games and billiards room offers a refined retreat, featuring virtual golf, shuffleboard, foosball, and a classic pool table. During the day it's open to all ages, but after 9:00 pm it's adults only.

INNES CONFERENCE CENTER
6:00 am – 10:00 pm
During these hours The Innes Conference Center, workstations, and printing services are available at your leisure.
A representative is available between 9:00 am and 6:00 pm to assist with selecting and reserving activities.

SONORA FRONT DESK & GIFT SHOP
7:00 am – 9:00 pm
We are available and delighted to take your call 24/7 outside of these hours. Kindly dial 0 from any resort phone to reach a representative.

OUTDOOR AMENITIES
Sunrise – Sunset
Because we're located in a wilderness setting, we advise enjoying all outdoor amenities between sunrise and sunset for your comfort and safety.

TELEPHONE

Directory

Worldwide phone calls and wireless internet are complimentary. Should you wish to receive calls from outside of the resort, please provide the Sonora Resort phone number and we will be delighted to transfer your calls to your guest room.

Front Desk/ Concierge/ Housekeeping	0
North America International	Add 9 before dialing 1 + Area Code + Phone Number 011 + Country Code + Phone Number
Island Currents Spa	8251
Tyee Dining Room & Lounge	8255
General Manager	8266
Operations Manager	8260
Sonora Resort	(604) 272-8250

TV

CHANNEL GUIDE

Here are some of the most watched channels. For the full guide, please turn to **channel 2**.

3	CBC Television - Vancouver
4	CTV Vancouver
5	Global BC
6	City TV Vancouver
7	NBC Seattle
8	ABS Seattle
9	CBC Seattle
10	Fox Seattle
11	CTV News
12	BNN Bloomberg
13	CNN
14	Fox News Channel
15	BBC World News
16	A&E
17	Showcase
18	CTV Drama Channel
19	CTV Comedy Channel

20	CTV Sci-Fi Channel
21	Lifetime
22	Discovery Channel (Canada)
23	TLC
24	History Channel
25	National Geographic
26	HGTV Canada
27	Slice
28	W Network
29	Food Network Canada
30	Paramount Network
31	Adult Swim
32	Family Channel
33	Teletoon
34	TSN 1
35	TSN 2
36	Sportsnet Pacific

37	Sportsnet One
38	OLN – Outdoor Life Network
39	Sportsman Channel
40	Golf Channel
41	Crave 1
42	Crave 2
43	HBO 2
44	AMC
45	MovieTime
46	MuchMusic
47	WE tv
48	ICI Radio-Canada Télé
49	TVA (Québec – East Feed)
50	Unis TV
51	AMI-tv (Accessible Media Inc.)
52	CPAC (English)
53	CPAC (French)

IN ROOM

Amenities

Everything you need. Thoughtfully prepared.

Each of our uniquely themed B.C. lodges features spacious rooms with King or Queen beds and carefully curated comforts.

IN YOUR ROOM



LUXURY
LINENS



GOOSE DOWN
PILLOWS & DUVETS



PLUSH ROBES &
SLIPPERS



PREMIUM BATH
AMENITIES



HAIRDRYER



IRON & IRONING
BOARD



IN-ROOM SAFE



COFFEEMAKER &
KETTLE



BINOCULARS



iHOME CHARGER &
ALARM CLOCK

LAUNDRY SERVICES

We are pleased to offer laundry and ironing services during your stay. Simply complete the laundry services form in your room, place garments in the garment bag provided, and dial the **Front Desk**.

Items are returned at your next turndown service
(between 5:30 pm – 9:00 pm daily)



If you have an urgent request, please contact us and we will do our best to accommodate.

Please note: Dry cleaning and line drying are not available due to our remote location.

CHARGING YOUR DEVICE

1. Place Qi compatible device on charging rest with front facing you. Check the green wireless charging indicator LED below the charging rest.
2. Connect the standard size end of a USB cable to the USB Port on back of the unit and connect the other end to the charging port on your device.

PAIRING YOUR BLUETOOTH DEVICE

1. Turn on your Bluetooth device and make it “discoverable” by turning on Bluetooth mode.
2. Press the  Button to turn on the **iBTW39**.
3. Press and hold the  Bluetooth Button on back of the iBTW39 for 2 seconds. “PAIR” will appear on the display and the Bluetooth indicator will flash blue, a voice prompt will announce “PAIRING”, indicating the iBTW39 is in pairing mode.
4. Select “**iHome iBTW39**” in your device’s Bluetooth menu to connect device.
5. If pairing is successful, a voice prompt will announce “CONNECTED”, then Bluetooth indicator appear solid blue, indicating the iBTW39 is ready to play music.

SETTING AND USING THE ALARM

1. Press and hold the Alarm Button for 2 seconds until the alarm time display and alarm icon flash. A beep sounds.
2. Press the – or + Buttons to adjust the alarm time to the desired time (hold for rapid setting). The PM indicator appears to the left of the time display; there is no AM indicator.
3. Press the Alarm Button to confirm the alarm settings and exit alarm setting mode. 2 beeps will confirm alarm setting is complete. The alarm icon will remain on the display, indicating the alarm is armed.



SONORA RESORT
Cuisine

A story told through land and sea.

Our culinary program reflects the bounty of the West Coast, shaped by the seasons. We celebrate sustainably sourced, locally harvested ingredients, allowing each dish to feel fresh, unexpected, and inspired.

It is the result of collaboration between accomplished chefs, sommeliers, and service professionals with each one bringing global experience and a shared passion for excellence.

If you have allergies or dietary preferences, please inform us in advance so we may prepare accordingly.

BREAKFAST

Served tableside with a gourmet continental selection and à la carte hot dishes.

LUNCH

A refined take on local fare — or a chef-prepared picnic to enjoy during your day's adventure.

DINNER

Choose between a 4-course Chef's Tasting Menu or an À la Carte experience. Enhance your evening with a special Dungeness Crab or Tomahawk Steak dinner (additional charge).

MEET THE CHEF

Executive Chef Justine Smith leads our Relais & Châteaux culinary team with a philosophy rooted in whole ingredients and natural flavour; highlighting local sourcing, thoughtful preparation, and refined simplicity.



Tyee

DINING ROOM

Dining above the rapids.

Perched above the swirling Yuculta Rapids, the Tyee Dining Room offers front-row views of one of nature's most dynamic spectacles with its floor-to-ceiling windows and live aquarium that showcases local marine species.

It's common to spot bald eagles, harbour seals, Steller sea lions, and passing marine life in the nutrient-rich waters below.

During the summer, the Tyee Patio & Tapas Deck features a wood stone oven serving gourmet pizzas with panoramic coastal views.

TYEE LOUNGE & BAR

Open lunch to late, guests can enjoy a fine wine, hand crafted cocktail or refreshing brew at the Tyee Lounge, located in the Tyee Dining Room.

The Dining Room and Lounge welcome all ages during the day.

After 9:00 pm, the Lounge is reserved for adults only.



WINE CELLAR

In 2019, Sonora received the Wine Spectator Award of Excellence, placing our cellar among the world's notable wine destinations.

With over 1,500 bottles and over 400 selections of local and internationally sourced varietals, we have whatever the occasion calls for.

Choose your own oenological adventure: select the wine pairings that accompany the Chef's Tasting Menu, query the sommelier for a recommendation, take a cellar tour to scope out the right bottle or opt for our complimentary private label created by Burrowing Owl.

Activities

Discover world-class salmon fishing, wildlife viewing, guided eco-adventures, and helicopter excursions across our ancient rainforest archipelago. Spot eagles, whales, bears, and more in one of British Columbia's most breathtaking coastal ecosystems.

Our curated experiences are designed for all ages and interests thoughtfully crafted in partnership with our local community and Indigenous collaborators.

See the Adventure Guide for more details on activity information.

Booking

YOUR EXPERIENCE

Our Guest Services team is delighted to assist.

TO RESERVE

- **Dial 0** from any resort phone
- Visit the Innes Conference Centre
- Open daily: 9:00 am – 6:00 pm

Activity times are scheduled according to optimal tidal and environmental conditions to ensure the best possible experience.

SCHEDULE CHANGES

In rare cases (weather, environmental conditions, or other unforeseen circumstances), activities may be adjusted or cancelled prior to departure.

CANCELLATION POLICY

As outlined in our Terms & Conditions:

- Pre-booked activities, accommodation, and transportation are non-refundable
- Exclusivity is guaranteed once the full allotment is booked

MEETING LOCATION

Please meet at the Gear Room 15 minutes prior to departure. Our team will assist with outdoor weather gear, food and beverage preparation, and ensuring an on-time departure.

The Gear Room is located below the dining patio beside the pool (see Resort Map).



As peaceful as it is luxurious, our opulent ocean side spa is a retreat dedicated to health and wellness.

This 5,300 sq ft facility features 6 treatments rooms, manicure and pedicure space, fully equipped fitness centre, complimentary mineral pools overlooking the Pacific Ocean, sauna, steam room, and daily Hatha yoga classes.

Our experienced therapists curate a nurturing environment designed for complete relaxation. Signature offerings include side-by-side massage, customized facial therapies, aesthetic services, and restorative body treatments.

Each experience is designed to soothe, restore, and reconnect you from head to toe.

For full details, please refer to the [Island Currents Spa Brochure](#).

BOOKING

To reserve a spa appointment, dial **8251** from any resort phone or visit the Spa directly. Spa hours are 9:00 am – 9:00 pm

Advance reservations are recommended.

Events & Retreats

Gather. Connect. Inspire.

Sonora Resort offers an extraordinary setting for executive retreats, corporate meetings, milestone celebrations, and family gatherings.

We combine refined business facilities with immersive West Coast adventure, all in one seamless experience.

CAPACITY & ACCOMMODATIONS



88 GUEST ROOMS



WELCOMES GROUPS
UP TO 125 GUESTS



2 PRIVATE VILLAS FOR
EXCLUSIVE MEETINGS



LODGE LOUNGES FOR
RELAXED GATHERING

For the ultimate experience, exclusive resort buyouts are available, offering complete privacy and full access to the island for your group.

CAPACITY & ACCOMMODATIONS

- **Innes Conference Centre** Flexible configurations
- **The Longhouse Striking** venue for keynote presentations
- **Discovery Island Viewpoint Gazebo** Elevated outdoor events

Full AV support and resort-wide Wi-Fi ensure flawless execution.

Cisco conference speakerphones available in boardrooms

ALL-INCLUSIVE CULINARY EXCELLENCE

Enjoy gourmet dining with house wine and beer included in your stay. Private catering is available for exclusive gatherings beyond the Dining Room and Lounge.

SEAMLESS TRAVEL

LAS helicopters seat up to 12 passengers, offering direct 50-min flights from Vancouver as well as private charters across the Pacific Northwest.

AV & Technical

SUPPORT

Fully supported, start to finish.

Our experienced AV team is onsite to assist before and throughout your meeting or event.

Included in every meeting room is a **built-in projector and screen**, an integrated audio system, HDMI wall connections, a podium, note paper and pens, flip charts, office supplies, and power bars and extension leads.

AVAILABLE UPON REQUEST

- Conference phones
- Microphones
- Additional presentation equipment



STAYING

Connected

Wi-Fi is available property-wide and guests are welcome to make use of the resort's printer and scanner.

Cell phone coverage is available (we are Telus, Bell Mobility, and Rogers compatible).

International long-distance calling is complimentary from all resort telephones including those in meeting rooms.

To connect to Wi-Fi, please choose our password-free network: **airsonora**



FIRE Safety

Sonora Resort is equipped with the latest fire fighting equipment, including sprinklers, alarms, fire hydrants, fire truck and full turnout gear for our Fire Brigade Team. All staff have been trained in fire safety and suppression for your protection.

In order to facilitate the safety of all guests, we ask that you familiarize yourself with the following:

- If you discover a fire, stay calm and get to a safe place.
- Before opening any doors, place the back of your hand on the exit door to check whether it is hot or cool. A hot surface will indicate fire on the other side.
- Report all incidents of fire to resort staff and evacuate the affected area via the nearest safe exit. If possible, close doors as you evacuate.
- Assemble on the main dock. Should a secondary assembly station be required, you will be directed by our staff.
- Listen carefully to all instructions from the resort staff.

For health and safety reasons, Sonora Resort is a non-smoking facility. Should you have any concerns or questions regarding fire safety, please ask our staff.

First Aid

Our first aid attendants are trained in emergency medical response protocols, including the use of heart defibrillators and administering certain medications which may be needed for specific medical conditions, such as a heart attack, allergic reaction or diabetic shock. We are equipped to determine blood oxygen readings (pulse oximeter), as well as heartbeat and respiration readings.

We have 24/7 access to a medical doctor who will provide medical guidance in an emergency. For guests who have a medical condition that requires care, we can provide direct contact with a doctor or nurse.

Sonora Resort is proud to offer its entire staff of vessel operators with fire training, as well as standard marine first aid training. They are certified in Marine Emergency Duties A-3 or higher. All the vessels used at the resort are equipped with first aid kits and re-boarding devices. We also remain in constant communication with the boats and the resort by VHF radio.

WATER Safety

We are proud to offer certified and experienced operators for our fleet of Transport Canada approved vessels. In addition to Transport Canada approved life jackets stored on the boats, we provide warm, comfortable jackets which act as personal flotation devices.

Please note that at the dock's edge and shoreline the current is strong and the water is cold. When on or near the water, please use caution. Take the time to notice the change of tide, and the direction of the ebb and flow. Please do not swim in our dangerous ocean waters.

Security

Sonora Resort is committed to providing the safest environment for our guests, and all staff have received safety and security training. In order to facilitate the security of all guests, we ask that you familiarize yourself with the following:

- Familiarize yourself with your lodge and room number.
- Please ensure your door is securely closed. Our staff have been instructed to close and secure all doors for your security and privacy.
- Place any valuables in your room's safe.
- At your request, additional key cards for your room are available.

Should you have any concerns or questions regarding safety, security, or privacy, please **dial 0** on any phone or ask a member of our resort staff.

ADDITIONAL

Information

For more information about the resort or your upcoming stay, please refer to the links below:

[Sonora Resort FAQ](#) ▷

[Resort Map](#) ▷



Sonora Resort Canada

Reservation Tel 604-233-0460
Toll Free Tel 1-888-576-6672
info@sonoraresort.com

SONORARESORT.COM